

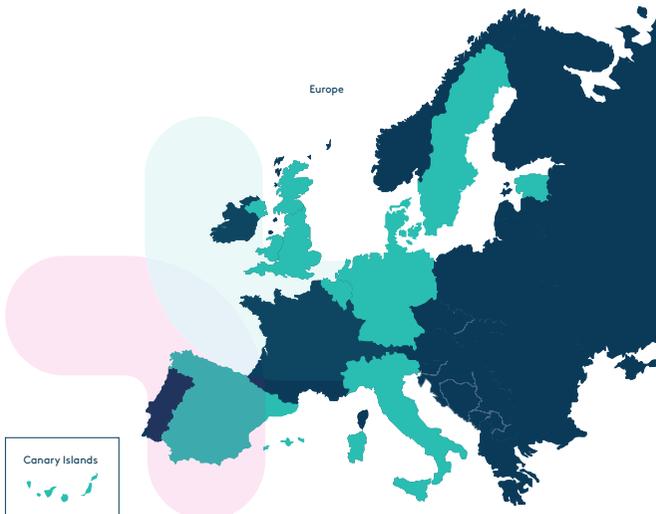
## About IC-Health

IC-Health is a project to develop a series of Massive Open Online Courses (MOOCs) to support European citizens providing them a means to better navigate health information on the web and so improve their overall digital health literacy.

IC-Health will bring together representatives from five specific population groups to co-create tailored MOOCs;

**Children, Adolescents,  
Pregnant and lactating  
women, Older people (60+)  
and Diabetes patients**

MOOCs will be developed in eight languages: English, French, Italian, Danish, German, Swedish, Dutch and Spanish.



## Our Partners



## Contact Info

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This project has received funding from the European Union's Horizon 2020 research and innovation programme under grant agreement No 727474.

# IC-Health

Improving digital health literacy in Europe

# IC-Health Improving Digital Health Literacy In Europe

## Digital Health Literacy (DHL)

In today's connected world, the digital aspect of health literacy (DHL) constitutes an important cornerstone for improving the health of EU citizens.

Health literate citizens are empowered to play a more active role in their health self-management towards better health outcomes, prevention and lifestyle.

However, citizens often do not have the necessary skills, frameworks or systems to successfully identify, understand and appraise online health information to make informed decisions on their health.

...and IC-Health aims to change that!

## Our Objectives



**MOOCs Co-Creation**  
The MOOCs are free web-based distance learning courses.  
No prior knowledge need;  
Free and easy access.



Achieving IT Literacy



Achieving Health Literacy



Appraising Online Health Information



Applying online health information for health management in everyday life

## Our Approach



Co-Creation of MOOCs with the CoPs



Engagement of population cohorts and creation of Communities of Practices

Analysis of current health and digital health scenarios



MOOCs made available online and publicly accessible

## Follow the IC-Health MOOCs

Are you still reluctant to navigate the Internet to search for reliable health-related information? If so, why not try one of **IC-Health free online courses**? They will be your guide when you want to confidently search the internet for health-related information.

Anyone can follow them!

Interested? Join now on [ichealth-moocs.eu](http://ichealth-moocs.eu)



Find



Understand



Appraise



Apply

Upon completion, you will have the skills to successfully **identify, understand, and appraise online health information**.

Making informed decisions about your own health will be easier than ever!